



RECOVER IN COMFORT® + SAFETY



QUALITY COMPRESSION GARMENTS SINCE 1983

CONTOUR BRAND CUT & SEWN  IN THE USA

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RECOVER IN COMFORT® + SAFETY

Garments are handcrafted with proprietary Creora® Yarn for unmatched compression and comfort. We believe *"There is nothing accidental about quality."*

## COMPANY AT A GLANCE



of helping customers Recovery in Comfort and Safety™



Global HQ in Lenexa, Kansas



Products sold in over 14 countries and growing



All products manufactured in the USA



### PRODUCT OFFERINGS

#### GARMENTS



#### LIPO FOAM

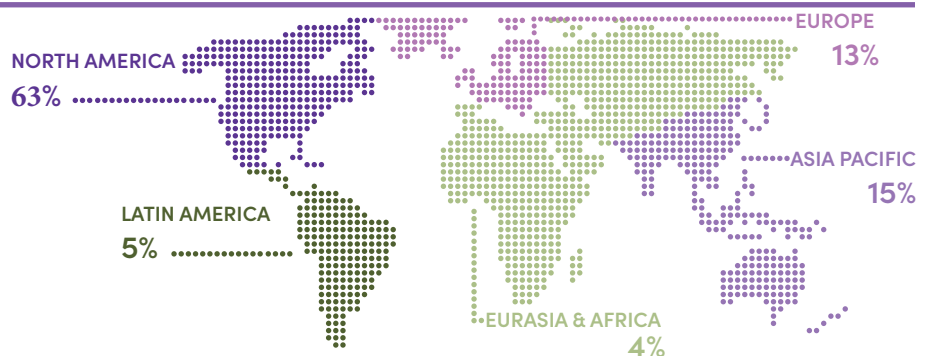


#### BBL PILLOW/ AB BOARD/LUMBAR



### MARKET SHARE

WORLDWIDE UNIT  
MARKET SHARE  
GEOGRAPHIC MIX  
(2021)



### PORTFOLIO

"Our brand captures 1 out of every 4 elective surgical procedures that require a compression garment."



Premier partner of over 300 hospitals and plastic surgeons



3,600 Product SKUs Sold Worldwide



### PRODUCTIVITY

Committed to continuous improvement by maintaining the highest level of quality for the best price possible.



Strategic planning and forecasting



Implementing zero-based budgeting



Cut extraneous expenses, not employees!



Streamlining & Simplifying our operating model



### CERTIFICATIONS



ISO CERTIFICATION #: 192419

FDA REGISTRATION #: 3017500052, 10078088

NAICS: 315190, 423450

SIC CATEGORY: 5047

CAGE: 8MUK7

DUNS: 147299259

TAX ID: 48-1206284



## WHO WE ARE

ContourMD offers a wide variety of products designed to help patients recover comfortably. These products include post-surgical compression garments, garments for bariatric, mastectomy and maternity, recovery and medical supplies. Contour® post-surgical compression garments were first introduced to the marketplace in 1983 and our garments have earned us the trademark slogan Recover in Comfort®.

Our reputation is built on personalized service and a desire to meet your goals. You can depend on us to treat you and your customers with the utmost respect in sharing our profession expertise, meeting surgical schedules and providing custom garments. We have worked closely with plastic and cosmetic surgeons to provide the finest compression wear available.

We unconditionally guarantee the quality of workmanship and satisfaction. All of our products are manufactured in Kansas City and we strive to find raw materials manufactured in the United States. Our sewing floor has adopted the slogan "there is nothing accidental about quality".

We offer compressive, comfortable, quality post-surgical garments at a reasonable cost. Take the time to compare and give us a call.

Contour® garments are available at: [www.contourmd.com](http://www.contourmd.com), along with other recovery products. Our website is also a source for information to help educate your patients about various procedures.

Your continuing business is important to us and we look forward to being of service.

**Sean Orr**  
President

# Recovery is as easy as ... 1, 2, 3

1



## STAGE 1 Garments

When to wear	Duration of wear	Hours of wear each day	Garments needed
1 Hour after surgery	1-2 Weeks	24 Hours	2 <sup>1 to wear</sup> 1 to wash

## STAGE 2 Garments

When to wear	Duration of wear	Hours of wear each day	Garments needed
1-2 Weeks after surgery	2-4 Weeks	24 Hours	2 <sup>1 to wear</sup> 1 to wash



2

3



## STAGE 3 Everyday wear and recovery supplies

When to wear	Duration of wear	Hours of wear each day	Garments needed
3-4 Weeks after surgery	4-12 Weeks	12 Hours	2 <sup>1 to wear</sup> 1 to wash



# Contents

## Stage 1

---

Girdles	1
Body Shapers	3
BBL Garments	7
Breast and arm garments	8
Male garments	14
Facial garments	16
Abdominal garments	17
Lipofoam	18

## Stage 2

---

Girdles	19
Patient Positioners	21

## Stage 3

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Girdles and body shapers	22
Scar treatment and recovery supplies	24

Terms & Conditions	26
Sizing	27

# STAGE 1

**Stage 1 Garments** are used immediately following surgery and are designed with an open crotch and zippers for easy accessibility and maintenance of incision drainage tubes & lipo foam. Scar tape and gel are recommended once wounds have healed.

## GIRDLES



### Mid-Thigh Girdle with 4" Waist Band

#### STYLE 4

- 55% Lycra Spandex fabric for comfortable, compressive garment.
- Latex Free
- Side Zippers with padded Hook-and-eye closures.
- Reinforced Abdomen

**Color:**  

**Recommended for:** Abdominal, hip and knee procedures



#### Required Measurements:

Waist and Hip  
(See Sizing Chart on page 27)

### Abdominal Panty Girdle

**STYLE 22-2:** 2" Waist Band | **STYLE 22-4:** 4" Waist Band

- Opens completely with side zipper
- Hook & Eye closure on crotch
- Lycra and Spandex fabric

#### Recommended for:

Abdominal Procedures. Liposuction of Stomach, Tummy Tuck, Postpartum, Panniculectomy

**Color:**  



#### Required Measurements:

Waist and Hip  
(See Sizing Chart on page 27)





**High-Thigh  
Girdle with 2"  
Waist Band**

**STYLE 3**

- Compression girdle Faja Garment, Mid Thigh, 2 inch band, Side Zippers with padded Hook-and eye closures.
- Reinforced Abdomen

**Color:** 

**Recommended for:** Tummy Tuck, Abdominal surgery, Stomach liposuction, Postpartum, C-Section, Bariatric and Weight Loss, Liposuction.



**Required Measurements:**

Waist and Hip (Sizing Chart on page 27)



**Mid-Thigh  
Girdle with 6"  
Waist Band**

**STYLE 46**

- Compression Girdle Faja Garment, Mid Thigh, 6 inch band, side zippers with Open Crotch
- Reinforced Abdominal area

**Color:** 

**Recommended for:** Liposuction, Tummy Tuck, Mommy Makeover, Thigh Lift, Liposculpture, Lipoplasty, Smart Lipo, Laser Liposuction, Panniculectomy.



**Required Measurements:**

Waist and Hip (Sizing Chart on page 27)



**Mid-Calf  
Girdle with 2"  
Waist Band**

**STYLE 1**

- Compression Girdle Faja Garment, Mid-Calf Girdle with 4 inch waist band and Slit Crotch
- Reinforced Abdominal area
- Zipper option

**Color:** 

**Recommended for:** Liposuction, Tummy Tuck, Mommy Makeover, Thigh Lift, Liposculpture, Lipoplasty, Smart Lipo, Laser Liposuction, Panniculectomy.



**Required Measurements:**

Waist and Hip (Sizing Chart on page 27)



**Mid-Calf  
Girdle with 4"  
Waist Band**

**STYLE 2**

- Compression Girdle Faja Garment, Mid-Calf Girdle with 4 inch waist band and Slit Crotch
- Reinforced Abdominal area

**Color:** 

**Recommended for:** Liposuction, Tummy Tuck, Mommy Makeover, Thigh Lift, Liposculpture, Lipoplasty, Smart Lipo, Laser Liposuction, Panniculectomy.



**Required Measurements:**

Waist and Hip (Sizing Chart on page 27)



**Mid-Calf  
Girdle with 6"  
Waist Band**

**STYLE 26**

- Compression Girdle Faja Garment, Mid Calf, 6 inch band and Open Crotch.
- Reinforced Abdominal area
- Zipper option

**Color:** 

**Recommended for:** Liposuction, Tummy Tuck, Mommy Makeover, Thigh Lift, Liposculpture, Lipoplasty, Smart Lipo, Laser Liposuction, Panniculectomy.



**Required Measurements:**

Waist and Hip (Sizing Chart on page 27)



**Ankle  
Girdle**

**STYLE 5-2:  
2" Waist Band**

**STYLE 5-4:  
4" Waist Band**

- Compression Girdle Faja Garment, Ankle length, 2 and 4 inch band options and Open Crotch.
- Reinforced Abdominal area
- Zipper option

**Color:** 

**Recommended For:** Liposuction, Tummy Tuck, Mommy Makeover, Thigh Lift, Liposculpture, Lipoplasty, Smart Lipo, Laser Liposuction, Panniculectomy.



**Required Measurements:**

Waist and Hip (Sizing Chart on page 27)

# STAGE 1 | BODY SHAPERS



- Ideal for multiple procedures and post-surgical care
- 55% Lycra® Spandex fabric for a highly compressive, comfortable garment
- Antimicrobial fabric
- Latex Free
- Molded cups (Style 27, 28, 29, 32)
- Available in Panty, Mid-Thigh, Mid-Calf and Ankle lengths
- Available with front zipper or side zippers
- Available with or without sleeves
- Slit crotch feature (for Styles 27, 28, 29)
- Open crotch feature (for Styles 34, 35, 36) with fold over for additional strength and flexibility
- Hook-and-Eye crotch closure on Style 32
- Adjustable shoulder straps on garments without sleeves

**Color:**  

**Recommended for:** Abdominoplasty, tummy tuck, liposuction procedures for the arm, upper and lower back, hips, thighs, knee, calf



## Required Measurements:

Bra Band (Underbust), Waist and Hip  
(See Sizing Chart on page 27)



## Brief Body Shaper

### STYLE 32

- Compression for hips, thighs, breast, abdominal area, and upper/lower torso
- Available with hook-and-eye open crotch
- Front zipper closure for convenience

**Color:**  

**Recommended for:** C-Section, Post-Partum, Tummy Tuck, Abdominoplasty, Bariatric weight loss, liposuction, chest surgery, Panniculectomy



## Required Measurements:

Bust and Hip (Sizing Chart on page 27)



## Brief with bra top

### STYLE 32B

- Compression for hips, thighs, breast, abdominal area, and upper/lower torso with Bra Top
- Available with hook-and-eye open crotch
- Front zipper closure for convenience

**Color:**  

**Recommended for:** C-Section, Post-Partum, Tummy Tuck, Abdominoplasty, Bariatric weight loss, liposuction, chest surgery, Panniculectomy



## Required Measurements:

Bust and Hip (Sizing Chart on page 27)



## Brief with sleeves

### STYLE 32S

- Brief Panty Body Shaper with ¾ sleeves
- Available with hook-and-eye open crotch
- Front zipper closure for convenience

**Color:**  

**Recommended for:** C-Section, Post-Partum, Brachioplasty



## Required Measurements:

Bust and Hip (Sizing Chart on page 27)



**Brief  
with side  
zippers**

**STYLE 32Z**

- Brief Panty Body shaper with side zippers
- Available with hook-and-eye open crotch

**Color:**  

**Recommended for:** C-Section, Post-Partum, Tummy Tuck, Abdominoplasty, Bariatric weight loss



**Required Measurements:**

Bust and Hip (Sizing Chart on page 27)



**Mid-Thigh  
with  
bra top**

**STYLE 27B**

- Mid Thigh Body Shaper with front zipper and adjustable Hook&Eye Straps, Bra Top and slit crotch

**Color:**  

**Recommended for:** Liposuction, flanks, hip, thigh lift, lipoplasty, liposculpture



**Required Measurements:**

Hip, Thighs, Bust  
(Sizing Chart on page 27)



**Mid-Calf with  
bra top**

**STYLE 28B**

- Mid Calf Body Shaper with front zipper, Bra Top, and slit crotch

**Color:**  

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, Tummy Tuck, Thigh Lift, Liposculpture, Lipoplasty, Breast Augmentation, Breast Lift



**Required Measurements:**

Hip, Thighs, Bust  
(Sizing Chart on page 27)



**Brief  
Shaper  
with  
suspenders**

**STYLE 37Z**

- Brief Panty Body Shaper with zippers and suspenders
- Hook&Eye crotch closure

**Color:**  

**Recommended for:** Liposuction, Smart Lipo, tummy area, buttocks, flanks, BBL



**Required Measurements:**

Waist and Hip (Sizing Chart on page 27)



**Mid-Thigh  
shaper with  
suspenders**

**STYLE 34Z**

- Mid-Thigh Body Shaper with Side Zippers and open crotch

**Color:**  

**Recommended for:** Liposuction, tummy tucks, Postpartum, C-Section, Panniculectomy, Abdominal surgery



**Required Measurements:**

Waist and Hip (Sizing Chart on page 27)



**Mid-Thigh  
Body Shaper**

**STYLE 27**

- Mid Thigh Body Shaper with front zipper, adjustable Hook&Eye Straps and slit crotch

**Color:**  

**Recommended for:** Liposuction, flanks, hip, thigh lift, lipoplasty, liposculpture



**Required Measurements:**

Hip, Thighs, Bust  
(Sizing Chart on page 27)



### Mid-Thigh with sleeves

STYLE 27S

- Mid Thigh Body Shaper with front zipper, adjustable Hook&Eye Straps, Sleeves and slit crotch

Color:  

**Recommended for:** Liposuction, flanks, hip, thigh lift, lipoplasty, Brachioplasty



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



### Mid-Thigh with side zippers

STYLE 27Z

- Mid Thigh Body Shaper with side zippers, adjustable Hook&Eye Straps and slit crotch

Color:  

**Recommended for:** Liposuction, flanks, hip, thigh lift, lipoplasty, liposculpture, Breast Augmentation, Lift, Reconstruction, Reduction



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



### Mid-Thigh with full side zippers

STYLE 27FLZ

- Mid Thigh Body Shaper with full length side zippers, adjustable Hook&Eye Straps and slit crotch

Color:  

**Recommended for:** Liposuction, flanks, hip, thigh lift, lipoplasty, liposculpture, Breast Augmentation, Lift, Reconstruction, Reduction



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



### Mid-Calf body shaper

STYLE 28

- Mid Calf Body Shaper with front zipper and slit crotch

Color:  

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, Tummy Tuck, Thigh Lift, Liposculpture, Lipoplasty, Breast Augmentation, Breast Lift



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



### Mid-Calf with sleeves

STYLE 28S

- Mid Calf Body Shaper with front zipper with Sleeves and slit crotch

Color:  

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, Tummy Tuck, Thigh Lift, Liposculpture, Lipoplasty, Breast Augmentation, Breast Lift, Brachioplasty



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



### Mid-Calf with side zippers

STYLE 28Z

- Mid Calf Body Shaper with side zippers and slit crotch

Color:  

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, Tummy Tuck, Thigh Lift, Liposculpture, Lipoplasty, Breast Augmentation, Breast Lift



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



**Mid-Calf  
with full  
side zippers**  
**STYLE 28FLZ**

- Mid Calf Body Shaper with Full Side Zippers, adjustable straps and slit crotch

**Color:**

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, Tummy Tuck, Thigh Lift, Mommy Makeover, Breast Augmentation and Lift



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



**Mid-Calf  
shaper with  
suspenders**  
**STYLE 35Z**

- Mid Calf Body Garment with side zippers, adjustable shoulder straps and open crotch

**Color:**

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, Tummy Tuck, Thigh Lift, Liposculpture, Lipoplasty



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



**Ankle  
body  
shaper**

**STYLE 29:**  
Front Zipper  
**STYLE 29Z:**  
Side Zippers

- Body Shaper Ankle length, Hook&Eye shoulder straps and slit crotch

**Color:**

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, Tummy Tuck, Thigh Lift, Liposculpture, Lipoplasty, Breast Augmentation, Breast Lift, Weight Loss Surgery, Bariatric Surgery.



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



**Ankle with  
bra top**  
**STYLE 29B**

- Body Shaper Ankle length with front zipper, Hook&Eye shoulder straps, Bra Top and slit crotch

**Color:**

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, Tummy Tuck, Thigh Lift, Liposculpture, Lipoplasty, Breast Augmentation, Breast Lift, Weight Loss Surgery, Bariatric Surgery



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



**Ankle with  
sleeves**  
**STYLE 29S**

- Body Shaper Ankle length with front zipper, Hook&Eye shoulder straps, Sleeves and slit crotch

**Color:**

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, Tummy Tuck, Thigh Lift, Liposculpture, Lipoplasty, Breast Augmentation, Breast Lift, Weight Loss Surgery, Bariatric Surgery, Brachioplasty



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)



**Ankle with  
side zippers**  
**STYLE 36Z**

- Ankle Body Garment with side zippers, adjustable/removable shoulder straps and open crotch.

**Color:**

**Recommended for:** Abdominoplasty, Tummy Tuck, Liposuction for the back, hips, thighs, knee area, and lower leg area



**Required Measurements:**  
Hip, Thighs, Bust  
(Sizing Chart on page 27)

# STAGE 1 | BBL FAT TRANSFER GARMENTS



## BBL Fat Transfer Garment

**STYLE 50Z:** Mid-Calf

**STYLE 51Z:** Mid-Thigh

- Fat Transfer Garment with Side Zippers, soft cotton on buttocks, Hook & Eye closures on shoulders to pull it on
- Dynamic Pressure Binder helps prevent fluid buildup
- Non compressive booty panel, to help lift and enhance your curves

**Color:**  

**Recommended for:** BBL, Butt Lift, Booty Implants, Liposuction, Fat Transfer



**Bra Band Size:**

Waist, Hip, Bust  
(Sizing Chart on page 27)



## BBL Fat-Transfer Compression Garment

**STYLE 34FZ**

**STYLE 36FZ:**  
Ankle length

- Front zipper closure
- Contoured under-bust design
- Removable stabilizing strap
- Non compressive booty panel, to help lift and enhance your curves

**Color:**  

**Recommended for:** BBL, Butt Lift, Booty Implants, Liposuction, Fat Transfer



**Required Measurements:**

Waist and Hip (Sizing Chart on page 27)



## BBL Fat-Transfer Compression Garment

**STYLE 34FHE**

**STYLE 36FHE:**  
Ankle length

- Front hook-and-eye closure
- Contoured under-bust design
- Removable stabilizing strap
- Non compressive booty panel, to help lift and enhance your curves

**Color:**  

**Recommended for:** BBL, Butt Lift, Booty Implants, Liposuction, Fat Transfer



**Measurements required:**

Waist and Hip (Sizing Chart on page 27)



## BBL Fat-Transfer Compression Garment with Binder

**STYLE 34HEB**

**STYLE 36HEB:**  
Ankle length

- Adjustable abdominal binder
- Front hook-and-eye closure
- Contoured under-bust design
- Removable stabilizing strap
- Non compressive booty panel, to help lift and enhance your curves

**Color:**  

**Recommended for:** BBL, Butt Lift, Booty Implants, Liposuction, Fat Transfer



**Measurements required:**

Waist and Hip (Sizing Chart on page 27)

# STAGE 1 | BREAST AND ARM GARMENTS



## Cup Bra

STYLE 627

- Naturally shaped seamless cup design
- Hook-and-eye front closure
- Hook-and-eye adjustable shoulder straps
- Nylon-blend fabric

Color:   

**Recommended for:** Augmentation, reduction and reconstruction



**Bra Band Size:**  
32 to 48



## Sports Bra

STYLE 40

- Firm compression w/front zipper
- Racer Style back - no cup design
- Nylon blend fabric

Color:   



**Bra Band Size:**  
32 to 44



## Sports Bra with molded cups

STYLE 42

- Firm compression w/front zipper
- Racer Style back
- Nylon blend fabric

Color:   



**Bra Band Size:**  
32 to 44




## Surgical Bra

STYLE 30

- Seamless molded cups
- Adj. straps with front and back hook and eye closure
- Stretch cotton fabric

Color:   

 **Bra Band Size:**  
32 to 48. Fits C/D Cup




## SP Bra

STYLE 17

- Designed to balance implants
- Lower band keeps the pressure band in place
- Hook-and-eye back closure
- Comfortable soft elastic material

Color:   

**Recommended for:** Breast implant stabilizing and positioning

 **Bra Band Size:**  
32 to 48




## SP Cover Bra

STYLE 31

- Adjustable band for implant stabilization
- Front and back hook-and-eye closure
- Nylon blend fabric

Color:   

 **Bra Band Size:**  
32 to 48



## Bandeau

STYLE 122

- 3" Elastic adjustable band

Color:   

**Recommended for:** Breast implant stabilizing and positioning

 **Size:**  
Universal



## Armsleeve

### STYLE 55

- Features Velcro® adjustable straps front and back
- Comfortable Lycra® Spandex fabric

**Color:**   

**Recommended for:** Brachioplasty, arm liposuction



#### Measurements required:

Bicep, forearm and wrist  
(See Sizing Chart on page 27)



## Open Bust Armsleeve

### STYLE 56

- Open Bust Design, 3/4 sleeves
- Adj. Hook & Eye Closure underbust
- Comfortable, Lycra Spandex fabric

**Color:**   



16V



24B



24V



24VSS

## Vests and Bras with sleeves

**STYLE 16V:** Vest

**STYLE 24B:** Bra with sleeves

**STYLE 24V:** Vest with sleeves

**STYLE 24VSS:** Vest with short sleeves

- Lycra® Spandex for comfortable compression
- Sleeves feature reinforced upper arms
- Zipper front closure (Style 16)
- Hook-and-eye front closure (Style 24's)

**Color:**   

**Recommended for:** Arm, back and breast procedures



#### Size:

32 to 48

#### Measurements required:

Bra Band (Underbust), Sleeves - Bicep, Elbow, Forearm, Wrist  
(See Sizing Chart on page 27)



## Compression Vest

STYLE 901\*

- Breathable fabric provides effective compression
- Adjustable shoulder straps

Color:

**Recommended for:** Breast augmentation and chest surgery



**Sizes:**

906 (31" - 35"), 907 (36" - 39"), 908 (40" - 43"),  
909 (43" - 47"), 910 (48" - 51")

\* Measure underarm/upper chest for size



## Compression Vest

STYLE 6

- Flat front vest with reinforced chest panels
- Holds surgical implants in place
- Adjustable shoulder straps

Color:

**Recommended for:** Breast augmentation and chest surgery



**Bra Band Size:**

32 to 48



drain  
tube  
opening

## Patented Post Surgical Support Bra by Marti Era

STYLE MSB1

- Comfortable seamless compression
- Features adjustable front closure, shoulder straps and side fasteners
- Side openings for drain tubes to prevent discomfort and tearing at drain site

Color:

**Recommended for:** Mastectomy, augmentation, reduction, lumpectomy, reconstruction



**Size:**

S (32" - 34"), M (36" - 38"), L (40" - 42"), XL (44" - 46"),  
XXL (48" - 50"), XXXL (51" - 52")

SIZING	S	M	L	XL	XXL	XXXL
Above Breast	29-31"	32-34"	35-37"	38-40"	41-43"	44-46"
Bust	32-34"	36-38"	40-42"	44-46"	48-50"	51-52"
Beneath Breast	26-28"	29-31"	32-34"	35-38"	39-42"	43-47"

# Carefix Bras



## Carefix Post Surgical Bra

### ALICE

- Hook-and-eye front opening and openable shoulder straps.
- 100% seamless minimizes pressure points and tissue irritation

Color: ☐ ☒



#### Sizes:

S - 2XL [Carefix has different sizes for their bras – see the size chart on our website]



## Carefix Post Surgical Bra

### BELLA

- Hook-and-eye front opening in 2 columns which makes it possible to adjust your level of compression
- 100% seamless minimizes pressure points and tissue irritation

Color: ☐ ☒



#### Sizes:

S - 2XL [Carefix has different sizes for their bras – see the size chart on our website]



## Carefix Post Surgical Bra

### BIANCA

- Front soft Velcro closure
- 100% seamless minimizes pressure points and tissue irritation

Color: ☐ ☒



#### Sizes:

S - 2XL [Carefix has different sizes for their bras – see the size chart on our website]



## Carefix Post Surgical Bra

### CATIA

- Structured compression giving you maximized support
- 100% seamless minimizes pressure points and tissue irritation

Color: ☐ ☒



#### Sizes:

S - 2XL [Carefix has different sizes for their bras – see the size chart on our website]



## Carefix Post Surgical Bra

MARY

- Hook-and-eye front opening in 2 columns which makes it possible to adjust your level of compression
- Wide front openable shoulder straps
- 100% seamless minimizes pressure points and tissue irritation

Color: ☐ ☒



Sizes:

S - 2XL (Carefix has different sizes for their bras – see the size chart on our website)

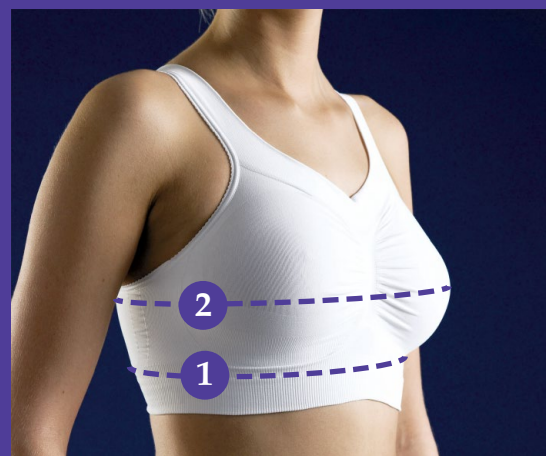
# How to measure for Carefix Bras?

1. Measure around your body, just under your breast (Band Size)
2. Measure around your body, at the fullest part of the breast (Bust Size)
3. The difference between the Band Size and the Bust Size shows your Cup Size, example:

**(Bust Size - Band Size = Cup size)**

**Cm:** 95 - 80 = 15 cm, i.e. Cup B | **In:** 38 - 32 = 6 in, i.e. Cup B

10 - 12 cm / 4.0 - 4.7 in = Cup AA  
 12 - 14 cm / 4.7 - 5.5 in = Cup A  
 14 - 16 cm / 5.5 - 6.3 in = Cup B  
 16 - 18 cm / 6.3 - 7.1 in = Cup C  
 18 - 20 cm / 7.1 - 7.9 in = Cup D  
 20 - 22 cm / 7.9 - 8.7 in = Cup E  
 22 - 24 cm / 8.7 - 9.4 in = Cup F



4. To find your bra size, use the Band Size and the Cup Size. If your Band Size is 80 cm/32 in and your Cup Size is B, use the Carefix size chart to find the corresponding size.

Band Size	EU	70 cm	75 cm	80 cm	85 cm	90 cm	95 cm	100 cm	105 cm	110 cm	115 cm
	US/UK	28 in	30 in	32 in	34 in	36 in	38 in	40 in	42 in	44 in	46 in
Cup Size	AA	S									
	A										
	B										
	C										
	D	M			L		XL		2XL		3XL
	E										
	F										4XL

# STAGE 1 | MALE GARMENTS



11S

1101

## Male Vest

**STYLE 11:** Male Compression Vest

**STYLE 1101:** PowerNet Male Vest

**STYLE 11S:** Male Vest with Sleeves

- Zippered front closure
- Reinforced chest panels
- Velcro® adjustable shoulder straps

**Color:**  

**Recommended for:** Gynecomastia, liposuction of chest, back and arms (with sleeves), and chest surgical procedures



### Required Measurements:

Chest

(See Sizing Chart on page 27)





11

## Male Tank

**STYLE 7501**

- Reinforced chest panel
- Soft powernet fabric

**Color:**  



### Required Measurements:

Chest

(See Sizing Chart on page 27)





## Mid-Thigh Brief with 4" Waist

**STYLE 12MT**

- Zippered front closure
- Reinforced panels over hips
- Open crotch

**Color:**  

**Recommended for:** Abdominoplasty, liposuction of abdomen and hips



**Required Measurements:**

Waist and Hip.

(See Sizing Chart on page 27)



## Mid-Calf Brief with 4" Waist

**STYLE 12MC**

- Zippered front closure
- Reinforced panels over hips
- Open crotch

**Color:**  

**Recommended for:** Abdominoplasty, liposuction of abdomen and hips



**Required Measurements:**

Waist and Hip

(See Sizing Chart on page 27)



## Mid-Thigh Brief with 8" Waist

**STYLE 25MT**

- Zippered front closure
- Reinforced panels over hips
- Open crotch

**Color:**  

**Recommended for:** Abdominoplasty, liposuction of abdomen, hips, and flanks



**Required Measurements:**

Waist and Hip.

(See Sizing Chart on page 27)



## Body Shaper

**STYLE 21**

- Comprehensive support for multiple surgical procedures
- One-side zipper closure
- Open crotch

**Color:**  

**Recommended for:** Gynecomastia, abdominoplasty, liposuction of chest, abdomen, flanks, and back



**Required Measurements:**

Chest, Waist and Hip

(See Sizing Chart on page 27)

# STAGE 1 | FACIAL GARMENTS




## Chin Strap

**STYLE 9B**

- Adjustable Velcro® on head and neck

**Color:**  

**Recommended for:** Any facial, oral or maxillofacial surgery, liposuction of the neck or chin

 **Required Measurements:**  
Neck Circumference  
(See Sizing Chart on page 27)




## French Drape Chin Strap

**STYLE 9F**

- Adjustable Velcro® on top of head and on neck

**Color:**  

**Recommended for:** Any facial, oral or maxillofacial surgery, liposuction of the neck or chin

 **Required Measurements:**  
Neck Circumference  
(See Sizing Chart on page 27)



## Comfort Face Wrap

**STYLE 18**

- Adjustable 1" cotton covered foam ear pads
- Contoured thumbnail cutout under chin

**Color:** 

**Recommended for:** Any facial, oral or maxillofacial surgery, otoplasty ear surgery

 **Size:**  
Universal



## Chin Support Strap

**STYLE 19**

- Adjustable Velcro® design
- Posterior band secures placement

**Color:** 

**Recommended for:** Any facial, oral or maxillofacial surgery

 **Size:**  
Universal




## Facial Compression Wrap

**STYLE 20**

- Soft, comfortable elastic material
- Two bands for secure placement
- Fully cotton lined for comfort

**Color:** 

**Recommended for:** Any facial, oral or maxillofacial surgery

 **Size:** Universal




## Chin Neck Bandage

**STYLE 330**

- Seamless chin cup design
- Separate neck and face straps
- Adjustable Velcro® on top of head and on neck

**Color:**  

**Recommended for:** Any facial, oral or maxillofacial surgery, liposuction of the neck or chin

 **Required Measurements:**  
Neck Circumference  
(See Sizing Chart on page 27)

# STAGE 1 | ABDOMINAL GARMENTS



## Abdominal Binder

### STYLE 13

- Continuous fastening surface
- Velcro® closure

Color: ☐ ☒

**Recommended for:** Postpartum, C-Section recovery, hernia repair, hysterectomy, bariatric procedures

**Style 13-9-S** 9" - fits 30" - 45"

**Style 13-9-M** 9" - fits 46" - 62"

**Style 13-9-L** 9" - fits 60" - 75"

**Style 13-12-S** 12" - fits 30" - 45"

**Style 13-12-M** 12" - fits 46" - 62"

**Style 13-12-L** 12" - fits 60" - 75"

## Adjustable Abdominal Binder

### STYLE 70

- Continuous fastening surface
- Velcro® closure on each panel
- Adjustable individual panels allow pinpoint compression where you need it most

Color: ☐

**Recommended for:** Postpartum, C-Section recovery, hernia repair, hysterectomy, bariatric procedures

**Style 70-9-S** 9" - fits 30" - 45"

**Style 70-9-M** 9" - fits 46" - 62"

**Style 70-9-L** 9" - fits 60" - 75"



**Style 70-12-S** 12" - fits 30" - 45"

**Style 70-12-M** 12" - fits 46" - 62"

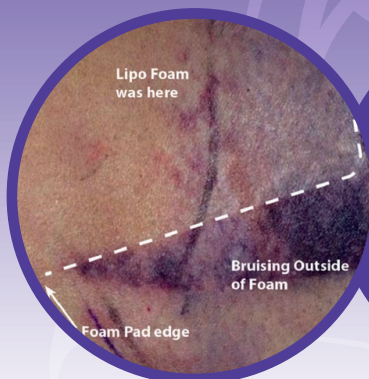
**Style 70-12-L** 12" - fits 60" - 75"



## How do you reduce bruising after liposuction?

# LIPO FOAM!

Lipo Foam is medical grade polyurethane foam designed to provide even, smooth padding and compression for added comfort and contouring. Used in conjunction with the compression garment, Lipo Foam is positioned over the liposuction treated areas to evenly distribute the pressure and minimize folds or creases. It is ideal for arms, chins, abdomen, thighs or any area where uniform healing is necessary.



**ContourMD  
Lipo Foam**  
reduces bruising  
and helps you  
recover quickly  
and in  
comfort.



**STYLE: LIP- 01** 8" x 11" Sheets 10/ box  
**LIPO-10** 30" x 10' roll 1/ box  
**CRTNLIP-10** 8" x 11" Sheets 100/ box **\*\* BEST DEAL \*\***



## Instructions for use



### Step 1

While standing, put the garment on one leg at a time and pull it up until it reaches your hips. Align all seams and openings.



### Step 2

Adjust the garment straps according to your size. Insert ContourMD Recovery Foam so that it covers the wound area. Trim if needed.



### Step 3

Hold the ContourMD Recovery Foam securely in place while zipping up the garment.



### Step 4

Feel free to reposition the ContourMD Recovery Foam if it shifted during Step 3. It should be snug but not uncomfortable.

## Benefits

- Less waviness of skin.
- A more comfortable recovery.
- Less blood loss and ecchymosis.

## Product Care

For optimal results, wear the foam continuously for 2-3 weeks. Replace frequently with any sign of deformation and discoloration. Do not wash. Latex free.

### Contour MD FAQs



### Lipof foam FAQs



# STAGE 2

**Stage 2 Garments** changes include Hook & Eye closures which allow for a more compressive fit as swelling begins to reduce.

## GIRDLES



### Panty

#### STYLE 15P

- Reinforced abdominal area
- 2" waistband
- Available with hook-and-eye open crotch or closed crotch

**Color:**



#### Measurements required:

Waist and Hip

(See Sizing Chart on page 27)



### Compression Garment

#### STYLE BIKER

- One side zipper
- 2" waistband
- Closed crotch

**Color:**

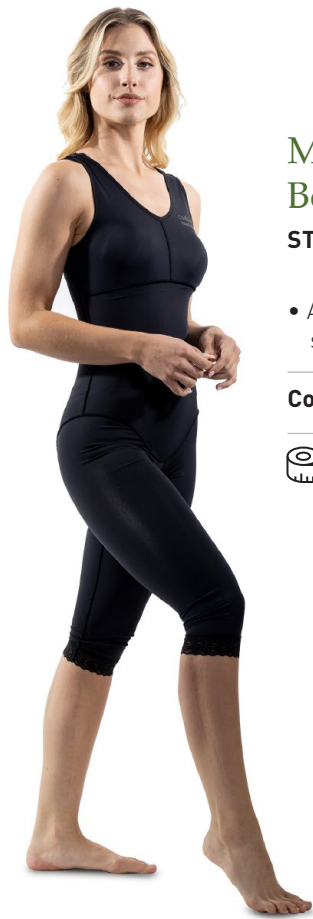


#### Measurements required:

Waist and Hip

(See Sizing Chart on page 27)





## Mid-Calf Body Shaper

**STYLE 28NZ**

- Adjustable hook-and-eye shoulder straps

**Color:**  



**Measurements  
required:**

Waist and Hip

(See Sizing Chart on page 27)



## Brief Body Shaper with Suspenders

**STYLE 37**

- Hook-and-eye crotch closure

**Color:**  



**Measurements  
required:**

Waist and Hip

(See Sizing Chart on page 27)

## Brief Body Shaper

**STYLE 32NZ**

- Adjustable hook-and-eye shoulder strap
- Hook-and-eye closed crotch

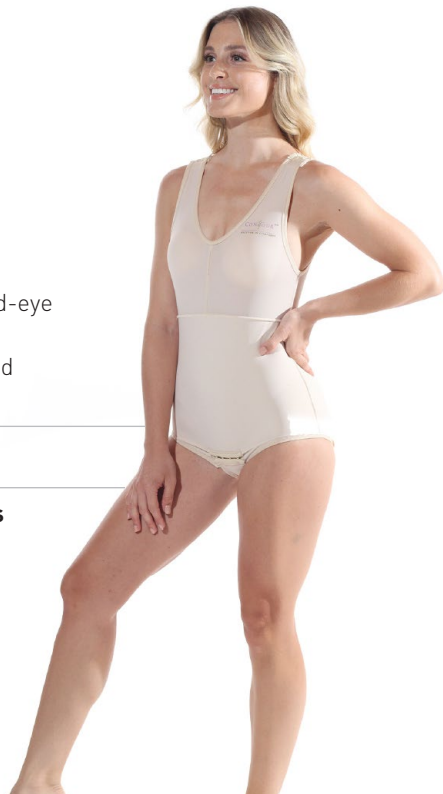
**Color:**  



**Measurements  
required:**

Waist and Hip

(See Sizing Chart  
on page 27)



## Brief Body Shaper with bra top

**STYLE 32BNZ**

- Adjustable bra straps
- Hook-and-eye closed crotch

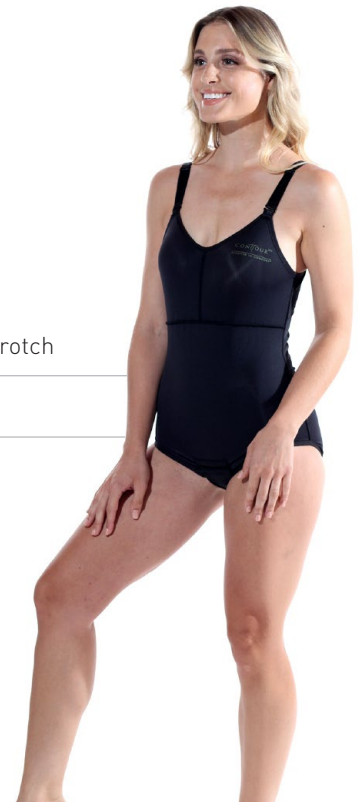
**Color:**  



**Measurements  
required:**

Waist and Hip

(See Sizing Chart  
on page 27)



# STAGE 2 | PATIENT POSITIONERS



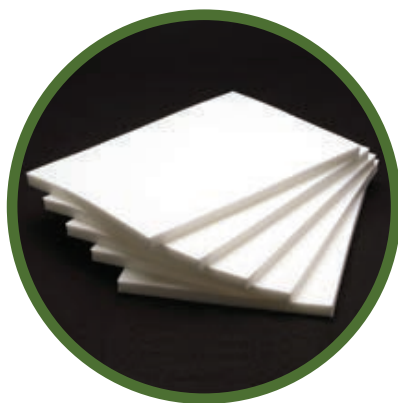
## BBL Pillow

- BBL Pillows are used to offer pressure reduction after medical/surgical procedures are completed on the buttocks.
- Patient positioning is vital to a safe and effective surgical procedure and post-surgery care.
- Supports thighs and enables your butt to hang free with no added pressure
- The strong support system is firm enough while providing a comfortable seat and providing the required elevation
- Speeds recovery and minimizes fat re-absorption while easing the blood circulation
- Never flattens! Up to 100 KG (220 LB)
- Lightweight – you can bring it anywhere and it fits almost all seats



## Lumbar Board

- Key to avoid inflammation since it prevents fluid retention in the lower back area, this is an excellent addition to your new girdle compression garment.
- Soft, discrete, and sturdy support board that adheres to your back and stays there throughout the day.



## Lipof foam

**LIP- 01** 8" x 11" Sheets 10/ box  
**LIP0-10** 30" x 10' roll 1/ box  
**CRTNLIP-10** 8" x 11" Sheets  
 100/ box

- Reduces swelling and bruising dramatically when used in conjunction with a compression garment.
- Free fat cells are redistributed evenly by the pressure of the foam plus the compression garment - aiding in a more comfortable recovery for the patient.



## Abdominal Board

- Best alternative when you need extra support on your mid-section, especially if you had Liposuction, Tummy-Tuck, or a C-Section. Wearing this board inside a body shaper will help with the recovery process. Preventing fluid retention, irritation and help with the pain.
- Daily use is recommended for optimal recovery

# STAGE 3

**Stage 3 everyday wear** removes hook & closures and is easy to pull on and discrete under clothing. The garments smoothing compression qualities complement the body's new contoured form.

## GIRDLES AND BODY SHAPERS



### Mid-Thigh Body Shaper

**STYLE 27NZ**

- Anti-microbial fabric
- No zippers, slip it on!
- High-quality Latex-free Lycra Spandex material is breathable and compresses firmly yet comfortably.
- Compresses in the areas of need which includes stability
- So comfortable you can wear it every day

**Color:**  

**Recommended for:** Liposuction of the thighs, hips, flanks, abdomen, torso, and butt, Plastic surgery of the upper/lower torso, Breast augmentation, Breast lift, Breast reconstruction, Breast reduction



**Sizes:**  
XS to 5XL

### Mid-Calf Body Shaper with Bra Top

**STYLE 28BNZ**

- Mid Calf Body Shaper Bra Top Without Zippers

**Color:**  

**Recommended for:** Liposuction of hip, thigh, buttocks, flank, and stomach, abdominoplasty, tummy tuck, thigh lift, liposculpture, lipoplasty, breast augmentation, breast lift



**Sizes:** XS to 5XL



## Mid-Calf Body Shaper with Suspenders

### STYLE 35

- No zippers
- Adjustable, removable straps
- Open bust
- Reinforced abdominal area delivers compression support
- Open crotch for convenience

**Color:**  

**Recommended for:**  
Abdominoplasty, Tummy tuck, Liposuction procedures for the lower back, hips, thighs, knee, and calf

 **Sizes:**  
XXS to 5XL



## Ankle Body Shaper with Suspenders

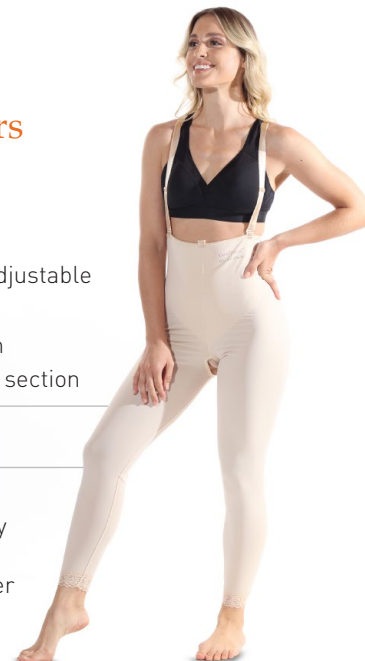
### STYLE 36

- No zippers
- Shoulder straps are adjustable
- Convenient crotch
- Open bust for freedom
- Reinforced abdominal section

**Color:**  

**Recommended for:**  
Abdominoplasty, Tummy tuck, Liposuction procedures for the lower back, hips, thighs, knee, and calf

 **Sizes:**  
XXS to 5XL



## Mid-Thigh Under Bust Body Shaper

### STYLE 38

- No zippers
- Mid Thigh Underbust Pull On Body Garment
- Slit-Crotch

**Color:**  

**Recommended for:**  
Abdominoplasty, Tummy tuck, Panniculectomy surgery, C-Section, Post-Partum, Liposuction procedures for the lower back, hips, thighs, knee, and calf

 **Sizes:**  
XS to 5XL




## Mid-Calf Under Bust Body Shaper

### STYLE 39

- No zippers
- Decreases swelling, bruising
- Soft-knitted 55 percent Lycra Spandex material
- Soft-brushed fabric backing on the waistband

**Color:**  

**Recommended for:**  
Tummy Tuck, Abdominoplasty, Liposculpture, Smart Lipo, C-section, Abdominal surgery, Panniculectomy surgery, Stomach liposuction, Postpartum

 **Sizes:**  
XS to 5XL

# STAGE 3 | SCAR TREATMENT

Minimize the Appearance of Post-Surgical Scarring



## Rejuvasil Scar Gel

**STYLE 8000**

For new scars or if your scar is raised



## Scar Esthetique Scar Cream

**STYLE 6000**

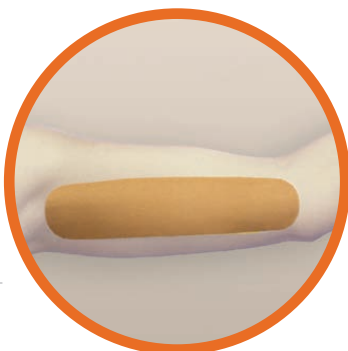
For older scars & discoloration

## Brachioplasty Shape

**STYLE 37BP-10**

- 2.5 x 8 in; 6 x 20 cm – w/Self Adhesive Side

**Recommended for:** Arm Procedures, new and old scars, scars following surgery, injury, trauma, burns, hypertrophic scars, keloid scars



## Abdominoplasty Shape

**STYLE 37CS**

- Thin, soft, flexible scar fabric
- Ideal for use under surgical garments or ordinary clothing
- Contains no messy gels or pastes

**Recommended for:** C-section



## Umbilicoplasty Shape

**STYLE 37UM-10**

- 2.75 x 3.75 in; 7 x 10 cm

**Recommended for:** Scars resulting from navel/belly button procedures, Tummy tuck (abdominoplasty), other belly button and abdominal procedures.



## Breast Form Kit

**STYLE 37BF-10**

- Sold as 1 unit only for 1 breast

**Recommended for:** Breast procedures, Mastectomy, Breast Cancer Surgery, new and old scars, hypertrophic scars, keloid scars



# Premier Partner Program

for Cosmetic and Plastic Surgeons, Clinics and Med Spas

## Looking to earn additional revenue?

ContourMD can offer your patients the ability to purchase compression garments and hundreds of other recovery products from your website, ContourMD handles all shipping and billing and each month you receive **15% of the Retail Sales.**

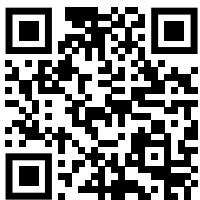
When you join the ContourMD Premiere Partner Program, you'll have access to a custom coupon code, a link just for you, and branding assets to help you earn cash for sharing our products with your patients, friends, or fans! You'll earn commission every time the customers you refer make qualifying purchases of our American Made Recovery Products, Compression Garments, and Shapewear.

### Benefits to you:

- No sign up fee, it's **FREE.**
- Increased monthly revenue to you!
- Additional service to offer patients and builds patient loyalty
- No hassles with inventory, shipping, returns or credit card processing

### Benefits to your patients:

- Convenient, private, secure online ordering
- The best in customer service and shipping services
- Hundreds of top quality and name brands to choose from



### SIGN UP NOW!



<https://contourmd.com/affiliate>



800.331.6990



**Do not pass up  
this opportunity**

add a revenue stream  
and build patient  
loyalty.

# Terms & Conditions

Contour® compression garments provide comfortable, secure support with maximum compression during recovery. Compression garments are designed to help improve and increase blood circulation, rid the body of potentially harmful fluids, decrease post-surgery recovery time and reduce swelling.

## TERMS

All orders are subject to acceptance by ContourMD at its home office. Payment terms are net 30 with approved credit. Payment may also be made with Visa, MasterCard, Discover, or American Express. A late charge of 1.5% per month will be charged on all past due accounts. Accounts with outstanding balances over 60 days will be placed on credit hold. Pricing errors, shortages, or proof of delivery requests must be submitted within 30 days of invoice date. Applicable sales taxes will be charged unless a valid exemption or resale certificate is given to ContourMD.

## SHIPPING

All orders are fulfilled and shipped Monday – Friday.

Orders are fulfilled in the order in which they were received, regardless of the selected shipping method. Selecting expedited shipping will not shorten order fulfillment times.

If your order needs expedited fulfillment, please contact Customer Service at 1-800-331-6990 for assistance. Additional fees may apply. **Shipping fees are non-refundable.**

ContourMD Marketing Group, LLC is not responsible for shipping delays due to freight carriers.

## INTERNATIONAL SHIPPING

Orders placed on our website are accepted in most major countries and markets, additional fees and terms can apply. We accept reputable third-party shipping services for our clients.

ContourMD Marketing Group, LLC reserves the right to change this policy at any time.

## RETURNS + EXCHANGES

### RETURN INFORMATION

- Merchandise ordered in error may be returned in original unopened packaging. No credit will be given for merchandise after 30 days of receipt.
- We guarantee all garments to be free from manufacturing flaw or defect prior to use. Per our ISO 13485 standard for medical-grade compression and abdominal garments, any ContourMD garment that has been opened or worn for any length of time cannot be returned unless defective. Please call Customer Care at 1-800-331-6990 immediately to report any defects.
- A Return Authorization (RA) must be obtained before goods may be returned. To obtain one, contact Customer Care at 1-888-462-7362. Please have your order number available.
- Customers are responsible for costs associated with shipping products back to the ContourMD warehouse.
- Items must be returned within 5 working days from date of RA issuance.
- Credit will be issued based on the invoice amount for the value of the merchandise only.
- Quality Inspections are performed within 3 business days of receiving a returned garment.
- Scar Gels, creams, and Silicone Sheets are non-returnable/refundable
- Lipo Foam is non-returnable/refundable

 **MORE  
INFORMATION**



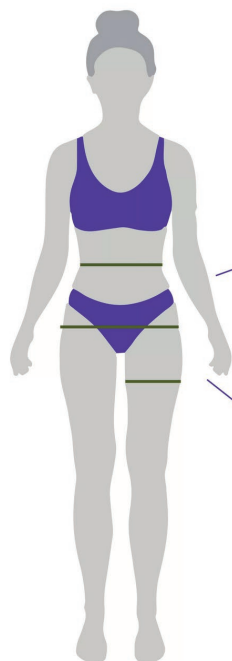
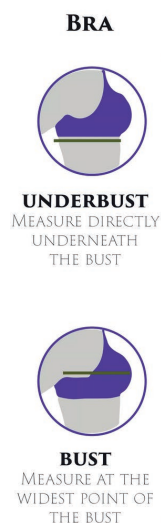
# SIZING

Proper sizing ensures that consistent, targeted compression is applied to the correct areas of the body. Follow these sizing guidelines to determine your correct size, and always consult a medical professional to properly size our compression garments for medical recovery.

**? MORE SIZING DETAILS**



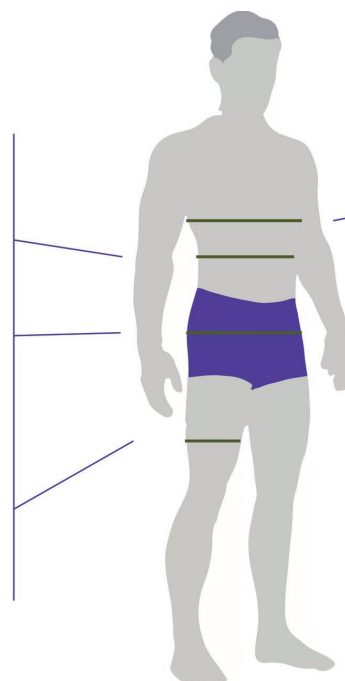
**REQUEST A  
FREE TAPE  
MEASURE**



**WAIST**  
MEASURE AT THE  
NARROWEST POINT  
OF THE WAIST

**HIPS**  
MEASURE AT THE  
FULLEST PART OF  
THE HIPS AND  
BUTTOCKS

**THIGHS**  
MEASURE THE  
WIDEST POINT OF  
THE THIGH



**CHEST**  
MEASURE THE  
WIDEST POINT OF  
THE CHEST NEAR  
THE UNDERARMS

## Female Garment Size Chart

Size	Waist	Hips	Thigh	Bra Band
XX-Small	20"-21"	27"-29"	15"-18"	30"
X-Small	22"-24"	30"-32"	17"-19"	32"
Small	25"-27"	33"-36"	20"-22"	34"
Medium	28"-30"	37"-40"	23"-25"	36"
Large	31"-34"	41"-45"	26"-28"	38"
X-Large	35"-38"	46"-49"	29"-31"	40"
XX-Large	39"-42"	50"-54"	32"-34"	42"
XXX-Large	43"-46"	55"-58"	35"-37"	44"
XXXX-Large	43"-47"	59"-62"	38"-40"	46"
XXXXX-Large	43"-48"	60"-63"	41"-43"	48"

## Facial Garment Size Chart

Size	Neck
Small	14" Circumference
Medium	15" Circumference
Large	16" Circumference
X-Large	18" Circumference

## Male Garment Size Chart

Size	Chest	Waist	Hip
X-Small	30"-32"	30"-32"	30"-33"
Small	32"-34"	32"-34"	34"-37"
Medium	36"-38"	36"-38"	37"-41"
Large	40"-42"	40"-42"	42"-45"
X-Large	44"-46"	44"-46"	46"-49"
XX-Large	48"-50"	48"-50"	50"-53"
XXX-Large	52"-54"	52"-54"	54"-57"
XXXX-Large	55"-57"	55"-57"	57"-60"
XXXXX-Large	58"-60"	58"-60"	61"-64"

## Armsleeve Garment Size Chart

Size	Bicep	Elbow	Forearm	Wrist
X-Small	10"	8"	15"-18"	30"
Small	11"	9"	20"-22"	34"
Medium	12"	10"	23"-25"	36"
Large	13"	11"	26"-28"	38"
X-Large	14"	12"	29"-31"	40"
XX-Large	15"	13"	32"-34"	42"
XXX-Large	16"	14"	35"-37"	44"
XXXX-Large	17"	15"	38"-40"	46"
XXXXX-Large	18"	16"	41"-43"	48"





RECOVER IN COMFORT® + SAFETY

Date: \_\_\_\_\_

## ContourMD would love a chance to showcase our quality by offering your practice a **FREE sample garment!**

We encourage you to use the coupon below for a complimentary ContourMD Garment for an upcoming procedure so that you can experience first-hand the feel, the fit, and patient satisfaction. Our goal is to make the process simple and easy.

To make your selection, please browse through your ContourMD catalog or visit our website at [www.contourmd.com](http://www.contourmd.com). We are confident that you and your patient will be more than pleased with the quality and comfort!

### COUPON TO RECEIVE YOUR FREE SAMPLE GARMENT

Please complete this form and return by fax to **913-541-0380** or email **[customerservice@contourmd.com](mailto:customerservice@contourmd.com)** in order to receive your ContourMD compression garment. Thank you!

Please allow 7-10 business days for shipment

Physician's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone # \_\_\_\_\_

Fax# \_\_\_\_\_

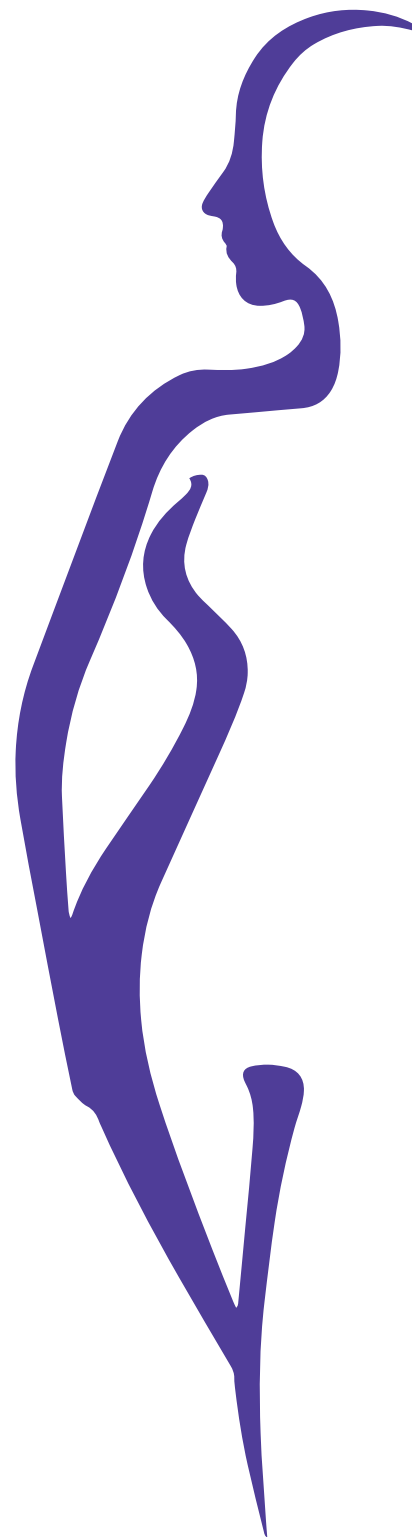
Requested by: \_\_\_\_\_

Email Address: \_\_\_\_\_

Website Address: \_\_\_\_\_

Procedure Date: \_\_\_\_\_

Style: \_\_\_\_\_ Size: \_\_\_\_\_ Color: \_\_\_\_\_



QUALITY COMPRESSION GARMENTS SINCE 1983

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